



The **Parents 4 Parents** Program provides parents with multiple resources that benefit the whole family. The scope of the programs is vast and is capable of being designed to meet the individual family's needs:

- Parents 4 Parents Support Group
- Sibling Support Group
- Autism Spectrum Support Group

Each group will provide a forum for you to speak with other parents, siblings, and parent educators to discuss ideas and get information on how other families are handling similar situations. The support you gain from this group is like no other.

In addition to the groups, our family educators will work with you in getting assistance from the multiple agencies throughout Sullivan County. They are always there to assist you in getting the right help for your child even if you need help in...

- Navigating the CSE process
- Attending CSE meetings
- Resolving disputes and/or problems with school districts

*"It's good to be around other parents going through the same problems with their kids and knowing you're not alone."*

*Sadequa Steele*

The **Parents 4 Parents** Support Programs at Sullivan County BOCES are designed to serve the needs of the whole family of children with autistic or emotional, learning and/or behavioral challenges.

The staff supports, educates and empowers the families and children to advocate for themselves in a nurturing and supportive environment.



All programs are offered by Sullivan County BOCES

For more information please contact:  
**Sullivan County BOCES**

**Dr. Denise Shaffer, Coordinator**  
(845) 295-4031  
denise.shaffer@scboces.org

**Kathleen Poitras, Parent Educator**  
(845) 295-4042  
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**Scott Lederman, Parent Educator**  
(845) 295-4040  
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# Parents



# 4 Parents

Support One Another

## Family Support Programs

*Providing a nurturing and supportive environment for families with children who have autistic, emotional, learning and/or behavioral challenges.*

Exchange Ideas

Support is just a phone call away  
(845) 295-4040

## Parents 4 Parents Support Group

The Parents 4 Parents groups offer support, information and resources to families parenting children and teens who are struggling with learning, emotional and/or behavioral issues. We also provide fun learning activities for your children while the adults are attending the meeting. There are times when everyone will meet together for various family building activities. The P4P and Sibling groups meet twice a month.

The **Sibling Support Group** provides a safe, confidential place to share feelings. They will also engage in fun activities. Participants in this group should be pre-teen and teenagers.

For younger children fun activities are provided by Sullivan BOCES and Sullivan County Department of Community Services staff in a separate area.

**Free Activities  
& Child Care  
Ages 4 & up**

I hope my mom  
& dad take me  
to the Sibling  
Support Group



 "like" us on  
**facebook**  
Parents4Parents

### Meeting Details

All groups meet at the  
Rubin Pollack Education Center (RPEC)  
52 Ferndale-Loomis Road, Liberty  
in Room E-7

The 2nd\* & 4th **Tuesdays** of each month  
from 6:00 – 7:30 p.m.

\* **Autism Support Group is offered**

*Free transportation may be arranged with prior notice.*

### Registration is required!

For more information and to register,  
please contact;

**Kathleen Poitras, Parent Educator**  
(845) 295-4042

**Scott Lederman, Parent Educator**  
(845) 295-4040

Cancellations will be announced on  
Thunder 102.1 / WSUL 98.3 / WVOS 95.9

*"I've enjoyed the meeting and learned a lot."*

*Julie Knapp,  
mother of a child with autism*

## Autism Spectrum Support Group



The Autism Spectrum group offers support and education to parents raising children with Autism, Asperger's Syndrome and other Pervasive Developmental Disorders.

Parents 4 Parents have joined with Action Toward Independence, Inc. (ATI) to provide support for both parents and children. During the Adult meeting the children will be working with specially trained Sullivan ARC recreational staff. ATI will also provide Social Skills training sessions for children on the Autism Spectrum.

The **Autism Group**  
**Only meets** on the  
2nd **Tuesday** of the month.